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Your Spiritual Tools for Trying Times

ANNA GATMON, PHD

TRANSFORMATION CATALYST & VISIONARY GUIDE

From runway lights to inner light



Once a high-fashion model for Yves Saint Laurent and Jean Paul Gaultier, Anna Gatmon, PhD, walked away from the catwalk to walk a deeper path—as a modern mystic and visionary guide.

Born in Israel into chaos and challenge—an alcoholic home, a severe stutter, undiagnosed

learning differences, and anorexic tendencies—Anna spent decades searching for answers on how to shift from being a victim of life's circumstances to becoming a conscious co-creator of a magical life.

Today, as an expert in transformative and wholistic learning, Anna is the creator of the Expansive Living Method™ and Facilitator Certification Program™, a pioneering framework that empowers heart-centered leaders to guide others through life's most trying times—with tools for living a meaningful, magical, and intentionally conscious life.

Her first, and award-winning book, *Living a Spiritual Life in a Material World*, attracted more than 100 audiences including a TEDx talk.

Anna is bi-cultural, of Jewish-Christian heritage, and is fluent in English, Hebrew, Swedish, and French.

Watch Anna's TEDx talk:

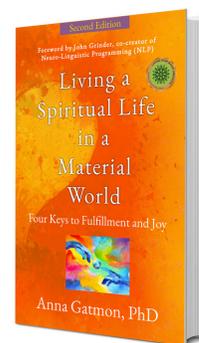
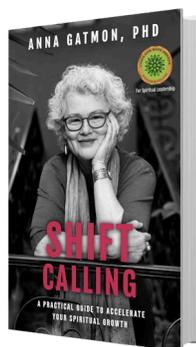
<https://annagatmon.com/TEDxTalk> **TEDx**

"You Can Eat Your Cake and Have Enlightenment Too"

SPEAKING TOPICS

- Navigating the Storm: Soulful Tools for Trying Times —Personal and Global
- From Catwalks to Consciousness: My Journey from Material to Spiritual—and Back Again
- From Lonely to Limitless: The Truth About Loneliness and Why It's the Way Back to Purpose
- Your Inner Work Is Climate Work: Why Spiritual Growth Matters for the Planet

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"...universal principles that are a guaranteed formula to align your daily actions with the intentions of the Universe. By integrating the spiritual with the material you will gain clarity on your goals and manifest the life you want to live..."

—Jack Canfield, Co-Author of *The Success Principles™* & *Chicken Soup for the Soul®*

"This is not the typical how-to-achieve-spirituality book, but another creature altogether. Have a read and you may well find yourself in another sphere of perception, one that will send you along a path toward something of great value for you."

—John Grinder, Co-Creator of Neuro-Linguistic Programing (NLP)