

Dr. Anna Gatmon — BIO

From Super Model to Modern Mystic, Anna Gatmon, PhD, has graced the runways of Yves St. Laurent and Jean Paul Gautier.

Born in Israel into an alcoholic family, Anna grew up with a severe stutter, undiagnosed learning challenges, and anorexic tendencies. She has spent the last two decades on an inner quest into the workings of our world, the root cause of our suffering, the nature of transformation, and how to face the challenges of our times.

She is an expert in Transformative and Wholistic Learning and the author of the award winning book *Shift Calling: A Practical Guide to Accelerate Your Spiritual Growth*. Anna's programs and podcast, including the inspiring *Mystical Moment* messages, focus on how to accelerate our spiritual growth to meet the challenges of our times, and personal tools to help us thrive, flourish, and help shift human and planetary consciousness.

Her award-winning book, *Living a Spiritual Life in a Material World*, attracted more than 100 audiences including a TEDx talk in Wilmington: *You Can Eat Your Cake and Have Enlightenment Too*.

Website: <https://annagatmon.com/>

Community: <http://expansivecommunity.com/>