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Are You Ready to Accelerate Your Spiritual Growth?

ANNA GATMON, PHD

AUTHOR, SPEAKER, SPIRITUAL GUIDE

From Supermodel to Modern Mystic



A former fashion model, Anna Gatmon, PhD, is an engaging speaker with a unique life story. She describes herself as a catalyst of transformation. Anna has spent the last two decades on an inner quest into the workings of our world, the root cause of our suffering, the nature of transformation, and how to face the challenges of our times.

In her new and award winning book, **Shift Calling**, Anna shows readers how to accelerate their spiritual growth by making 1° shifts that produce profound, paradigm-changing, and long-lasting outcomes.

Born in Israel into an alcoholic family, Anna grew up with a severe stutter, undiagnosed learning challenges, and anorexic tendencies. Although she had very low self-esteem, a major shift would transform her circumstances, whisking her away to a 10-year career in Paris to model

fashions designed by Yves Saint-Laurent and Jean Paul Gautier, and appearing in some of the most prominent fashion magazines.

Despite her material success, something was missing. So, Anna went back to school earning a PhD from the California Institute of Integral Studies concentrating on facilitating transformative learning with individuals and groups.

Following a life-changing experience at the Findhorn Foundation in her early 40s, she realized her calling to help others have similar life-changing experiences.

Anna hosts the online Expansive Community for those who feel called to engage in integrating their personal work, spiritual work and world work.

Her first, and award-winning book, *Living a Spiritual Life in a Material World*, attracted more than 100 audiences including a TEDx talk.

Watch Anna's TEDx talk at:
<https://bit.ly/2HMYRab>



"You Can Eat Your Cake and Have Enlightenment Too"

SPEAKING TOPICS

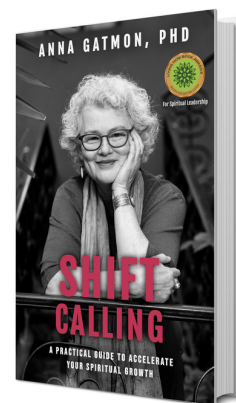
- My journey: from material to spiritual and back again
- The purpose of life on Earth and why that matters now
- The one question we must each ask ourselves daily
- Shifting from anxious and depleted to peaceful and energized
- Personal tools for challenging times
- Integrating personal work, spiritual work, and world work
- Join the spiritual evolution and make your calling matter

*Anna is fluent in English, Hebrew, French and Swedish

AVAILABLE AT: **SHIFTCALLING.COM**

If you liked *The Secret*,
Atomic Habits, or
Change Your Paradigm,
Change Your Life,
then you'll love

Shift Calling: A Practical Guide to Accelerate Your Spiritual Growth



The Frankie Boyer
Radio Show Business & Lifestyle



"... The voice that comes through is one that strongly reminds me of people like Eckhart Tolle, Deepak Chopra, Paulo Coelho and don Miguel Ruiz. These individuals present us with ways of living our lives that bring our spiritual life into alignment with our daily life."

— Bonnie Cehovet, Author, Certified Tarot Grand Master, and Reiki Master

"Drawing on her own experiences, Anna provides tools that can transform our shifts into callings to a new life, opportunities to unfold the potential within us. Accessible and inspirational, this book is a wonderful companion on life's ever-unfolding journey."

—David Spangler, Author of *Journey Into Fire* and *Apprenticed to Spirit*